



Newport SLSC Newsletter

November 2011 Edition

Newport SLSC Supports Pittwater Beaches Ocean Swims

This season Newport is supporting the Pittwater clubs' ocean swims which include our own Pool to Peak on Monday 2 January, Bilgola on Sunday 11 December, Avalon 15 January, Mona Vale on Sunday 22 January and the Big Swim from Palm Beach to Whale Beach.

By supporting each other we hope to grow the number of swimmers competing in each swim. This will be done via listings of each club on websites, in newsletters like this one and leaflets handed out at the various swims as well as shop window posters.

By entering four of the five Pittwater Beaches Ocean Swims, competitors will go into the draw for a trip for two to Hawaii.

The ocean swims are major fund raisers for the surf clubs involved and we are aiming for 750 swimmers for the Pool to Peak. Please don't forget we are going to need lots of helpers on the day. You can also help by encouraging your friends to enter the swim. Entries will be available on www.oceanswims.com

If you are planning to swim in the Pool to Peak as well as the other Pittwater swims start your lap swimming now.



Newport Ocean Swim January 2011

Is 2Kms Too Far? Well How About 800ms?

Some people have been saying to us that the 2Kms Pool to Peak Ocean Swim is too far and that we should also have a shorter swim.

Well, we are going to have an 800m ocean swim on Monday 2 January before the main 2Kms event.

How about that? Now you have no excuse for not swimming!

You don't have to be a champion swimmer to enter and you will discover a real sense of achievement when you reach the finish line. It's a great way to get fit and you will be joining the thousands of swimmers who have become part of the friendly, ocean swimming community.

Now you have no excuse for not swimming

Just think 800ms is only 16 laps of the pool so if you get a few Kms under your belt before 2 January you will be fit enough to take the challenge.

Gary Cook (Owly) appointed for Aussie Championships

Life Member, Gary Cook, has been appointed as the Masters Area Beach Referee at the Australian Championships at Kurrawa in 2012. This is his first Australian Referee's appointment after 15 + years as an official although he has held either an Area or Sectional Referee's position at NSW State Championships on 17 occasions. Gary has been the Chief Judge (second in charge) in the Masters Beach area at Aussies for the past four years.

This is only the second time a Newport member has held a referee's position at Aussies with Bert King OAM, holding a Scrutineering Referee's position some years ago.

Gary is a tireless worker for surf life saving in Australia and his appointment is a credit to his dedication to the movement. Congratulations Gary on your appointment Newport Surf Club is proud of you!

Footnote:

For the NSW State Championships- Gary will be Nippers -9s & 10s Beach Referee & March Past Referee. For the Masters he will be the Liaison Officer and in the Open competition he will be Chief Judge in the Beach Area as well as the March Past Referee

Newport Competitors Win Selection for InterBranch Team

By Tim Francis

Newport continues to go from strength to strength in the competition arena with a record 9 members nominated in the SNB Interbranch team. With 5 in the water events and 4 in the beach events the club is well represented in all disciplines. Add to this we have representatives from U12 right through to Opens which is indicative of the fantastic programs being run at all ages within the club both in the Nippers and Senior sections.

Congratulations to Max Brooks and Jayke Rees in the U17 Water, Ollie Signorini in the U15s and not to be outdone by his big brother Charlie Brooks in the U14s. Jonah Beard was also nominated as a team reserve. In the Beach events we have Jake Lynch in the Opens, Stephanie Zervos in the U17s, Jonah Vildzius-Poole in the U13s and our youngest member Kristie Edwards in the U12s. We look forward to reporting on their successes later in the season.



Left to Right Ollie Signorini, Jayke Rees, Max Brooks and Charlie Brooks



Jonah Vildzius-Poole and Kristie Edwards

Newport Boys Shine at Coolangatta Gold

Cody Marr, Fletcher Davies, Max Brooks and Peter Euers competed in the recent Coolangatta Gold event and according to James Brooks they were magnificent on the weekend, displaying incredible courage to finish the race.

"There were 30 entries overall and no other club had more competitors than Newport. All our boys completed the 30.5 km event in 3.30 to 4 hours. They were all under 17's competing in the under 19's race so they will be serious contenders over the next couple of years.

"It was one of my proudest moments in surf lifesaving, they were all inspirational"

"Their preparation included 80 sessions over the last 8 weeks – approx. 25km swimming, 35km ski paddling and 15-20km of board paddling + 20km of running per week," said James.

"It was one of my proudest moments in surf lifesaving, they were all inspirational" said James.



Left to Right - Max Brooks, Fletcher Davies, Cody Marr and Peter Euers

Boardies Day to be Celebrated at After Fives on 27 November



We'll be celebrating Boardies Day at After 5s, 27 November.

Get ready and locate your "loudest boardies" for the event. \$7 entry fee includes:-

Surf's Up movie for Nippers, Pizza for kids, Finger food for Adults in the Bar area

There will be a "Loudest Boardies" competition (prizes for loudest female and loudest male shorts) If you are not in Boardies you will be fined \$5!

Members' workplaces can get behind the official "Boardies Day" on Friday, 25 November. If your workplace does participate you can arrange for any donations to direct to the Newport club via <http://fundraise.boardiesday.com.au/Newport2011>

So come along to Boardies Day at After 5s on 27 November. Members' workplaces can get behind the official "Boardies Day" on Friday, 25 November.

If your workplace does participate, you can arrange for any donations to be directed to the Newport Club by asking them to log on to: <http://fundraise.boardiesday.com.au/Newport2011>

Thank you IBM volunteers!

What a difference the team of volunteers from IBM made to the dunes at the northern end of Newport Beach. IBM called for volunteers to pitch-in for community projects as part of IBM's centennial celebration of service.

IBM's Systems & Technology General Manager and his team were supported by Pittwater Council Bush Regenerator Officer Peter Ziegler who led the group.

Peter provided the tools, advice and plants and the crew from IBM rolled up their sleeves to clear the lantana, planted out part of the hill and also repaired the area damaged from the whale removal. It was a great project for our team and we then walked over to Bilgola Beach Kiosk for lunch.

The day was enjoyed by all and the team made a valuable contribution to the community. If you are thinking of a team building day, there is more work to be done and your group will be sure to enjoy themselves.

From the History Cupboard

By Col Maclean

In October it will be 102 years since our club at Newport was founded. People often say on learning of our early formation that we must be up there with the oldest in Australia and the World. Whilst this is true in a relative sense, we are well and truly down the list in terms of being one of the very first.

My research result is as follows in the order club/s and the year formed

1906	Bondi
1907	Bronte, North Bondi, North Steyne, Coogee, Merryweather, Maroubra, Cronulla, Tamarama
1908	Mona Vale, Freshwater, South Curl Curl, Newcastle, Thirroul, Wollongong, Red Head, Helensburg Stanwell Park, Stockton.
1909	Newport, Cottesloe, Austinmeer, Coledale, Bellambi

Newport and Cottesloe WA can fairly claim to being the 20th or 21st club in Australia as both clubs were formed in October 1909. The other 3 South Coast clubs were all formed in November 1909.

Order of club formation Sydney Northern Beaches Branch

1907	December	North Steyne
1908	August	Mona Vale
1908	December	Freshwater
1908	December	South Curl Curl
1909	October	Newport
1910	November	Narrabeen Heads (later Nth Narrabeen)
1910	November	Narrabeen folded during WWII, re-formed 1965
1911	March	Collaroy
1911	August	Manly LSC
1913*	August	Dee Why (they believe 1912)
1921	August	Palm Beach
1922	October	South Narrabeen
1922	July	North Curl Curl
1924	November	Queenscliff
1925	September	Avalon Beach
1937	November	Whale Beach
1946	September	Nth Palm Beach
1949	January	Bilgola
1949	January	Warriewood
1953	October	Bungan Beach
1965	January	Narrabeen Beach

* Around this time Brookvale SLSC patrolled what is now know as North Curl Curl beach. The club folded and amalgamated with Dee Why. No information is available on the date of the formation of Brookvale SLSC

Train With Can Too

Newport enjoys a good relationship with Can Too who support our ocean swim. They have provided the following information for our newsletter.

Achieve a goal you never thought possible and train for the Ocean Swim Events in a supportive team environment with Can Too. Can Too provides twice weekly professional training sessions with a Saturday Surf session at Newport Beach.

Can Too's wonderful coaching team will give you the necessary training and advice to get you across the finish line, in a fun filled, supportive environment! When you sign up to the 12 week program you also commit to a minimum fundraising pledge. All of the proceeds of their fund-raising go directly to Cure Cancer Australia supporting breakthrough cancer research.

Training commences 2nd November 2011. For more details go to: www.cantoo.org.au

Carnival Entries for Newport SLSC

The club covers all competition fees for SLSA sanctioned carnivals for Nippers and Open competitors and all entries fees for Masters that have paid the Masters Competition Levy as part of your membership to the club. This is a very generous arrangement compared to some clubs and the club would like to continue this tradition. The club spend on Competition is in excess of \$30,000 for entries alone which is a considerable portion of the clubs funds each year. The competition area is still in a rapid growth phase within the club and as such we expect this amount to grow. A rough audit of the entries for last season would indicate that we had a reasonable amount of "no shows" during the season. That is competitors were entered into an event and failed to attend without a reasonable explanation.

It is now the clubs intent to recover the cost of entries of competitors who fall into the no show category. The following is a guide to when this will be charged.

Entries for most carnivals close on the Wednesday night prior to the event. It is the competitors responsibility to advise before this

date that they are withdrawing from a carnival that they had indicated they wished to compete. Any competitors not advising of withdrawal and not attending will be charge the competition fee via an invoice from the club administrator. This fee will need to be paid before a competitor will be able to be entered in any subsequent carnivals.

If a competitor suffers an injury or illness between the closing date and the carnival date itself and advises the Competition Organizer, Nipper Committee Secretary or their Age manager before the commencement of the carnival this fee will be waived.

Dates to Remember:

- 19 November** Freshwater Masters
SNB Boat Series Round 3
- 3 December** Open carnival Queenscliff
- 4 December** JAC Carnival Queenscliff
- 10 December** North Narrabeen Boat Bash
- 11 December** Bilgola Ocean Swim
- 17 December** 20 Beaches ski race
- 2 January** 800 metre Ocean Swim
Pool to Peak Ocean Swim



A huge thank you goes to our Major Sponsors:

