

Newport Surf Life Saving Club Inc

Information Guide

2011/2012



WELCOME TO NEWPORT SURF LIFESAVING CLUB

Welcome to the 2011/12 season of the Newport Surf Life Saving Club Inc.

The Club would like to extend a very warm welcome to all new members and all our existing members that are returning for another great year at Newport.

We have endeavoured to include everything you need to know about Newport Surf Lifesaving Club in this booklet. Please keep it as a handy reference guide and if you require any further information, please feel free to ask any of the Committee Members who will be more than happy to assist you.

Our objective at Newport is to educate the community to be competent and safe in the beach/surf environment. We have a strong focus on educating our children within the community through our Nipper program. This program operates on Sunday mornings throughout the summer months and participating children learn important surf survival skills whilst having a great amount of fun.

We also pride ourselves on being able to keep the general public safe by providing Newport Beach with effective volunteer surf lifesaving patrols throughout the summer swimming season.

Our Club can also be proud of the instigation of a Nipper Program for children with Special Needs. This Program was a first for the Northern Beaches Branch, and one of only a few programs of its kind running in NSW. This group now meets during the regular Sunday Nipper time slot, with participants aged from 6 to early 20's participating. It is always wonderful to see new faces to help at this program, so if you have a spare Sunday morning feel free to come and join us.

Last season was a great success for our Club, winning the Patrol Competition in the Sydney Northern Beaches Branch, being announced as the "Most Outstanding Club for Youth & Member Development" and being runners up in the "Most Outstanding Club Competition" and I'm sure we can all look forward to another successful season again this year.

The operating costs of the Newport SLSC are significant and the Club is always in need of additional resources and fundraising is undertaken in a variety of ways. Your assistance in any of our fundraising activities is always greatly appreciated.

We are blessed with the wonderful support of our sponsors who provide resources that contribute to our Clubs operations. These sponsors include:

- Coles
- Temperzone Australia
- URM
- Bullock Manufacturing
- Sheldon Commercial Interiors
- Pittwater Council
- Pittwater RSL
- Harris Farm Markets
- Royal Motor Yacht Club
- Exclusive Tiles

Please support our sponsors whom are critical to our ongoing success and if you know of any other companies that may wish to form a partnership with us please contact me to discuss.

The Club is also generously supported by a large number of donations from families and individuals who contribute financially to the ongoing success of our Club and this ongoing support is greatly appreciated. If you would like to make a Tax Deductible donation to the ongoing success of our Club please visit the Clubs website for details.

The Club holds many social and fundraising events throughout the season including the regular "After 5's", so join us for a drink on the sundeck each Sunday evening and please support the Clubs social events throughout the season.

Committee Meetings are held at the Surf Club on the second Wednesday of each month. Should you wish to attend a meeting to bring a matter to the attention of the Committee, you are most welcome. To do this, please contact the Secretary or President to make arrangements.

I hope you enjoy your season at Newport and look forward to seeing you all on the beach.

Robert Emerson
President
Newport SLSC

REGISTRATION AND FEES

Membership Fees are set by the Surf Club Committee each year. To ensure that all Patrolling Members remain covered by insurance in case of accident or injury, these are due and payable by 30 September each year. Fees unpaid beyond 30 November will void membership and insurance coverage for the member.

Membership Fees for Patrolling Members for the 2011/2012 Season are:

Life Members	Nil	
Long Service & Active Reserve	\$75	
Active 18 years +	\$70	
Active Under 18 years	\$65	
New Bronze under 18 years	\$275	(includes 2yrs membership and all resources)
New Bronze 18years +	\$295	(includes 2yrs membership and all resources)
SRC (under 14 years)	\$125	
SRC patroller doing bronze	\$125	

EDUCATION

As an organisation that is responsible for the safety and wellbeing of others, it was vitally important that Surf Life Saving be at the forefront of public safety training. In becoming a Registered Training Organisation (RTO) and aligning its courses with qualifications and competencies in the Public Safety Training Package, Surf Life Saving NSW and its affiliated Clubs have a responsibility to maintain the required Government Regulations. Currently the courses offered by Surf Life Saving that are nationally recognised are:

- Bronze Medallion/Cert II in Public Safety Aquatic Rescue
- Advanced Resuscitation Certificate (ARTC)
- Apply First Aid (formerly Senior First Aid)

All other courses offered by Surf Life Saving give members a Surf Life Saving Certificate. These certificates will be able to be used by the member for Recognition of Prior Learning (RPL) in the future if that particular course becomes an accredited course. Members are also able to have accredited courses from another organisation or their workplace added to their awards list if appropriate to Surf Life Saving.

Courses available to our members through our Club include:

- Bronze Medallion/ Cert. II in Public Safety Aquatic Rescue
- Advanced Resuscitation Techniques Certificate ARTC)
- Silver Medallion IRB Driver
- IRB Crew Certificate
- Surf Rescue Certificate (13 yr old cadets)
- Gold Medallion - Advanced Life Saving

Other awards available through the Branch Office include:

- Silver Medallion Basic Beach Management
- Silver Medallion Advanced Emergency Care
- Spinal Management Certificate
- VET training unit of competency - TAEDEL301C Provide training through instruction and demonstration of work skills
- VET assessors units of competency - TAEASS401C, TAEASS402C, TAEASS404B
- Apply First Aid Certificate (formerly Senior First Aid)

Surf Life Saving offers all members a career pathway whether they want to volunteer in water focused activities such as IRB or Jet Ski activities, or land based activities such as First Aid and Support Services.



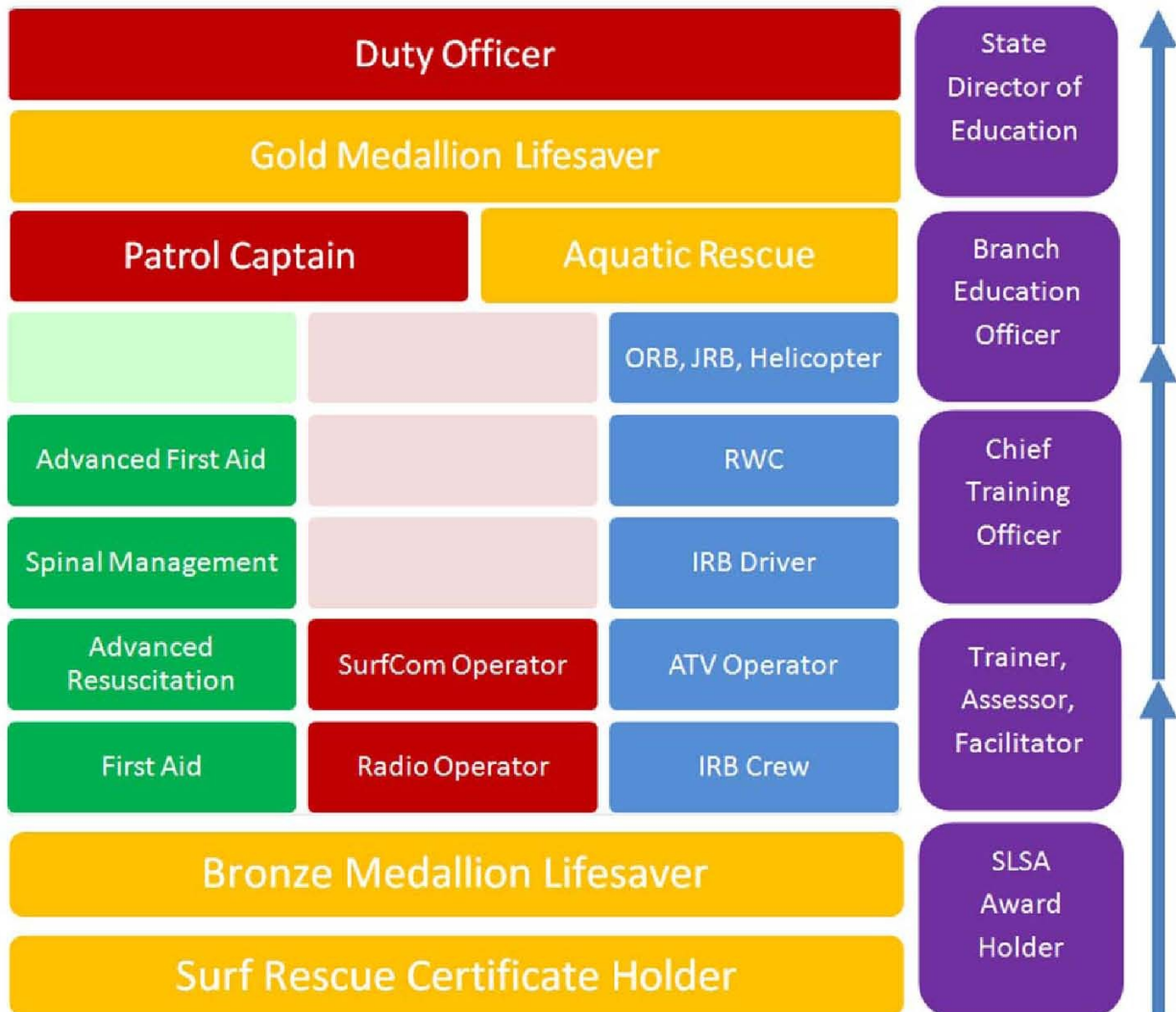
Development Pathways

Surf Life Saving NSW offers a wide range of accredited and non-accredited training programs across five core disciplines:

- Aquatic Rescue
- Powercraft
- Emergency Care
- Education & Training
- Beach Management

Lifesaving & Education Development Pathways

The table below outlines suggested development pathways within Surf Life Saving NSW. Please note that some awards have prerequisites, check the Awards & Qualifications Charts on the SLSNSW website.



POLICIES AND PROCEDURES

As an affiliated member of Surf Life Saving Australia, Newport Surf Club is committed to following the policies written by SLSA, and providing an inclusive and discrimination free environment.

These policies can be viewed on the Surf Life Saving NSW, or Surf Life Saving Australia websites

NSW – www.surflifesaving.com.au

Australia – www.sls.com.au

PROFICIENCY

To maintain safety and life saving standards, Surf Life Saving Australia has set a standard of proficiency that Patrolling Members must achieve before being able to participate in voluntary patrols.

The annual proficiency test involves a continuous effort of running, swimming (overarm) and running – and is tested at the beach in the surf. Members must successfully complete the run-swim-run, demonstrate their ability to perform both a board and tube rescue, perform 2 recognised carries, and show they are competent at resuscitation, oxygen therapy, radio and signals.

For many seasons now members have also need to demonstrate a carry using the spinal board and basic use of a defibrillator, and this season all members will be required to be proficient in the basic skills of launching an IRB to assist drivers and crew. The run-swim-run component for the Bronze Medallion is 200m run - 200m swim - 200m run and needs to be completed within 8 minutes. The Surf Rescue Certificate Proficiency will be 100m run – 100m swim – 100m run to be completed within 5 minutes. These proficiencies need to be completed before 31 December each year for the awards to remain current and allow members to continue patrolling and competing.

The above is the minimum requirement only. Those with additional SLSA awards (eg. IRB driver or crew, spinal management or ARTC) need to complete proficiencies in each award they hold prior to the December 31 deadline each year.

It is the Patrolling Members responsibility to ensure that they advise the assessors on the day that they are attending the proficiency and that their name is listed on the proficiency list for that day. Assessors are not responsible for doing this for you!

UNIFORMS

SLSA Policy requires Patrolling members to wear the designated uniform currently sponsored by DHL. This consists of a yellow long sleeved shirt and red shorts. No other branded clothing is to be worn at any time. It is also mandatory to wear the yellow and red quartered cap at all times, along with sunscreen and hat as required.

Newport's official competition uniform is a gold cap with two central maroon stripes and a maroon swimming costume. Caps, costumes, rash vests, t-shirts and other Newport Surf Club (including Nippers) clothing items are available for purchase at the Club most Sunday mornings during Nipper times at very reasonable prices. Any use of the Club name or logo must be formally pre-approved by the Newport SLSC Committee.

EQUIPMENT

Newport is very fortunate to have some wonderful equipment available for our Patrol members, and we have an on-going commitment to continually upgrade this vital equipment. However, it does not come cheaply so rules are in place to ensure the equipment is maintained in excellent condition so that it can last us for some time.

Gear and equipment Rules

- Look after it and respect it.
- Put it back **CLEAN** (hose all sand off).
- Put it back in its proper place.
- Boards set aside as competition boards are to be used **ONLY** for competition or for authorised competition training by competitors authorised by the Board and Ski Captain.
- Non-competitive boards may be used at the discretion of the Gear Steward/ Patrol Captain.
- If you damage a board, report it to a member of the committee straight away. This will allow us to have repairs carried out quickly and have it ready for the next weekend.

- The All Terrain Vehicle (ATV) is only ever to be driven by members who have completed the induction course, have been signed off by the relevant Club Official and entered into Surfguard as an endorsed operator.
- Ensure the ATV is hosed out after each afternoon patrol.
- Please ensure if you are the IRB member that the boat is always stood vertically against the wall outside the shed and hosed out thoroughly including under the floorboard.
- If you use the First Aid Room, leave it clean and tidy and ensure you restock the items you have used out of the boxes of stock in the glass cabinets.

PATROL STRENGTHS AND OBLIGATIONS

The Patrol hours and strength requirements for our beach are set each year by the Surf Life Saving Sydney Northern Beaches Branch Director of Rescue Services. These are:

25/09/2011—31/10/2011	9am to 4.30pm	4 Bronze holders
06/11/2011—05/12/2011	9am to 5pm	5 Bronze holders
11/12/2011—30/01/2012	9am to 6pm	5 Bronze holders
05/02/2012—27/03/2012	9am to 5pm	5 Bronze holders
2/04/2012—26/04/20112	9am to 4.30pm	4 Bronze holders

As part of this agreement each Patrol will include members with the following awards:

- 1 x current Advanced Resuscitation Techniques Certificate
- 1 x current IRB crew certificate
- 1 x current Silver medallion IRB Driver
- 1 x Silver Medallion Basic Beach Management
- 1x current Spinal Management Certificate

To ensure that patrols are adequately resourced, it is requested that members who are unable to attend their rostered patrol organise to swap with a member from another patrol or the floaters list on the Patrol Roster, and inform both Patrol Captains of the change. It is requested that members try to swap with someone with similar qualifications if possible – eg IRB driver, ARTC, spinal management. If you are substituting for another member please ensure you list the rostered member's name first and then your name in the second column of the Patrol Log as the substitute. This ensures the hours are entered correctly and you receive the hours you are entitled to.

Please ensure you legibly print and sign your name in the Patrol Log. This is a legal requirement as these entries could be used in a Coroners Case if necessary. Your entry needs to list any awards you hold in the far left hand column plus your sign on and sign off times. These entries will also be audited during a Patrol Competition Inspection so it is important they are correct. If you are not proficient do not list that particular award.

Each afternoon Patrol needs to ensure that the First Aid Room and lower level of the Surf Club are swept out and clean prior to the end of their Patrol. This includes the male and female bathroom areas. This area must be securely locked prior to leaving the beach

All equipment used for patrol needs to be thoroughly cleaned to ensure it is sand free before it is stored at the end of the day. It is important it is all stored in the shed in its correct place so everything is easily found for use by the next patrol. This particularly applies to the ATV and IRB. Please hose all sand off them, including under the floorboard of the IRB, and store them in their proper place in the IRB shed.

FIRST AID ROOM

Newport has some expensive first aid equipment that needs to be looked after. Oxyvivas need to be checked by the ARTC holder prior to each patrol and the oxygen bottle labelled as to the remaining volume. If the cylinder is less than half full please remove it from the cradle and replace it with a full one from the cabinet and label its volume as above. The empty cylinder should be labelled as empty and placed on the floor under the desk.

Please make sure the oxyvivas and defibrillator stay as sand free as possible. A plastic container has been provided for this equipment so it can be accessible on the beach. Please make sure that unless they are in use they stay in these containers. Most items within the oxyviva such as masks and OP airway are required to be sterile for use with

patients. Please do not open any packaging unless it is for use on a patient. If you require items for training please contact the First Aid Officer.

PATROL HOURS FOR COMPETITION

In order for members to compete at Carnivals it is mandatory for them to complete a minimum number of patrol hours each season. It is the competitors responsibility to ensure they complete all their rostered patrols. Please see the table below for the minimum requirement.

Joining/Rejoining 2010/2011 Joining Month	Min. Patrol Hour Requirement (Active Junior/Senior & Under 15s)	Min. Patrol Hour Requirement (Active Reserve)
January 2011	25	12
February 2011	24	12
March 2011	20	12
April – September 2011	16	8
October 2011	12	8
November 2011	8	4
December 2011	4	4
Jan/Feb 2012 prior to Branch Championships	4	4

CLUB CHAMPIONSHIPS

Throughout the season, Newport Surf Club endeavours to hold Club Championship days. On these days as advised, activities will be run on a carnival format and point scores will be tallied.

Events for the Club Championship include Beach Sprint, Beach Flags, Swim Race, Surf Ski Race and Board Race. These are run as both Open and Masters events.

COMPETITION

Carnivals are held on several weekends during the season, culminating with Branch, NSW and Australian Championships.

A few points to remember regarding carnivals:

- It is the Competitors responsibility to ensure that they have done a proficiency and the relevant patrol hours required to compete.
- Nominations for events that competitors wish to enter must be in to the Competition Organiser no later than 10 days prior to the Carnival otherwise the competitor will be liable for late entry fees.
- Competitors must wear the gold and maroon Newport skull cap and maroon Club costumes. Caps must be kept on for the duration of all events. If both these rules are not followed, the competitor could be disqualified.
- A program of events is usually available a week before the carnival on the Sydney Northern Beaches website – www.surflifesaving.net.au
- A full Calendar of Carnivals is available on the Surf Life Saving Sydney Northern Beaches website: www.surflifesaving.net.au

GYM MEMBERSHIP

Newport is fortunate enough to have a modern well equipped gym available for the use of our members. Please make sure it is well looked after and able to service our members for many years to come. Last one to use the gym each

day is responsible for sweeping it out to ensure it remains clean for the next day and ensuring the building is secure.

Memberships for the gym are available by contacting our Club Captain Brett Budd or Administrator Bev Barnes.

SOCIAL COMMITTEE

Funds are always needed to repair, replace and update our equipment and training aids for Patrolling Members. Some of our equipment including IRB's, their motors, All Terrain Vehicles and radios deteriorate quickly due to the salt environment and multiple users and always need constant repair and replacement. Funds raised by the social committee also allow us to purchase trophies and medallions for our competitors and members for their exceptional contributions throughout the season. Therefore, our Social Committee needs your support to raise these necessary funds. If you have any suggestions for a social event or would just like to assist please feel free to contact our Social Secretary Jan Proudfoot.

An important part of our social calendar is the weekly gathering of members in the Bar Room on a Sunday afternoon to reflect on the weekend that has passed and the week yet to come. Known as "After Fives" this is a long held Club tradition, and all members both old and new are most welcome. In addition to this, there are other social events such as trivia nights, dance nights and dinners. Our Presentation Night, where exceptional Club Members are acknowledged for their efforts, is held at the end of the season, usually late in May.

All of these fundraising events will be publicised on the website – www.newportsurfclub.com.au and through the monthly newsletter.

MEMBER PROTECTION

The motivation for surf lifesavers to give freely of their time is to be found in surf life saving environments that value:

- Safety and Support
- Caring and Camaraderie
- Trust and Teamwork
- Respect and Responsibility

As part of the surf lifesaving community, each lifesaver makes a commitment to actively encourage behaviours that promote such a supportive and nurturing environment. SLSA's policy ensures that everyone involved in Surf Life Saving is aware of their legal and ethical rights and responsibilities.

The member protection policy provides the procedures that support Surf Life Saving's commitment to eliminating discrimination, harassment, child abuse and other forms of inappropriate behaviour from SLSA. As part of this commitment SLSA will take action against any person or organisation bound by this policy if they breach it.

It is important that all members (patrolling or associate) sign a Prohibited Employment Declaration on joining Newport Surf Club as per SLSA Policy, and return the forms to the Registrar or a Committee Member. These forms need to be recorded on SurfGuard (SLS database) and be filed for the duration of the member's membership.

YOUTH DEVELOPMENT

To strive to keep the highest standards on our beach, we have a strong focus on retaining our young patrolling members, as they will always be the future of our Club. To this end, we try to run interesting social events for these vital members throughout the season. Your ideas and help with these functions is always welcome - please contact our Youth Development Officer Ray Bratton.

Newport SLSC also has strong rowing and board programs for our younger members, as well as beach sprinting/ flags, lifesaving events and first aid competition. If you are interested in what is available in the competition arena for young members please contact Tim Francis our Competition Organiser.

OCCUPATIONAL HEALTH AND SAFETY

Newport SLSC is committed to providing a safe workplace for all its volunteers. We are constantly assessing our workplace and equipment to ensure its safety, and maintaining and repairing as necessary. If you notice any problems within the Clubhouse or with any of our equipment please notify a member of the committee immediately so the issue can be resolved.

OUR COMMITTEE

Our Committee has been elected by the membership to look after the interests of the Surf Club and its members, and are available to help you if you need information on any aspect of our Club – please feel free to contact them as per the list on the following page.

Newport SLSC Management Committee 2011/2012 Season

Position	Name	Mobile	Email
President	Rob Emerson	0417 413 912	president@newportsurfclub.com.au
Deputy President	Doug Menzies	0418 163 620	deputy_president@newportsurfclub.com.au
Club Captain	Brett Budd	0414 432 104	club_captain@newportsurfclub.com.au
Hon. Secretary	Sandy Menzies	0418 628 362	secretary@newportsurfclub.com.au
Assist Secretary	Grant Dargue	0417 504 419	assistant_secretary@newportsurfclub.com.au
Hon. Treasurer	Tom Kellaway	0401 502 866	treasurer@newportsurfclub.com.au
Registrar	John Greenhill	0401 508 891	registrar@newportsurfclub.com.au
Administrator	Bev Barnes	0402 220 490	admin@newportsurfclub.com.au
Surf Boat Captain	Tom Kellaway	0401 502 866	surfboat_captain@newportsurfclub.com.au
Powercraft Captain	Kieran Menzies	0427 327 433	irb_captain@newportsurfclub.com.au
Vice Captains	Jessica Menzies	0435 098 214	vice_captain_jess@newportsurfclub.com.au
	Josh Hayward	0404 258 829	vice_captain_josh@newportsurfclub.com.au
	Alana Smithies	0403 244 245	vice_captain_alana@newportsurfclub.com.au
	Lauren Budd	0434 039 484	vice_captain_lauren@newportsurfclub.com.au
Chief Instructor	Rob Barkley	0409 787 200	chief_instructor@newportsurfclub.com.au
Board & Ski Capt.	Nick Carroll	0411 388 067	board_ski_captain@newportsurfclub.com.au
Comp. Organiser	Tim Francis	0403 121 285	competition@newportsurfclub.com.au
Publicity Officer	John Guthrie	0408 247 986	publicity@newportsurfclub.com.au
House Captain	Sharon Smithies	0412 007 414	house_captain@newportsurfclub.com.au
Nipper Delegate	Peter Finn	0418 412 183	nipper_chairman@newportsurfclub.com.au
Social Secretary	Jan Proudfoot	0409 207 907	social_secretary@newportsurfclub.com.au
First Aid Officer	Sandy Menzies	0418 628 362	firstaid@newportsurfclub.com.au
Branch Delegate	Michael Maley	0411 203 631	branch_delegate@newportsurfclub.com.au
Gear Steward	Craig MacDougal	0427 470 185	gear_steward@newportsurfclub.com.au
Youth Development Officer	Ray Bratton	0401 254 254	youth_development@newportsurfclub.com.au

While there's sun on the beach, that's where I'll be" Robin M Cale



Newport Surf Life Saving Club Inc

PO Box 57 Newport Beach 2106

www.newportsurfclub.com.au