



NEWPORT SURF LIFE SAVING CLUB INCORPORATED

ABN 56 603 611 439

AFFILIATED WITH SURF LIFE SAVING AUSTRALIA

All Correspondence addressed to: Hon. Secretary, PO Box 57, Newport Beach NSW 2106
www.newportsurfclub.com.au



Newsletter no 3

World War 1 Honour Board Takes Rightful Place

Newport Surf Club's World War 1 diggers were remembered with the presentation of a World War 1 Honour Board to the surf club by the president of the Pittwater RSL, Mr. Brian Sargeson, on Sunday 2 May.

Guests at the function included the Member for Mackellar the Hon. Bronwyn Bishop, Rob Stokes Member for Pittwater, Mr. Brian Sargeson President Pittwater RSL Club, Don Chessell Treasurer of the RSL Club, Gary McKay MC, Michael Dowsett AM, Peter Carrodus and Life Members Bert King AO, June King, Gary Cook, Jack Holland, Michael King and Dave Oatley as well as armed forces serving members and ex-servicemen.

Bronwyn Bishop spoke passionately about all those who had served their country in times of war. She spoke of her moving experiences when visiting the Gallipoli landing site and paid tribute to those currently serving Australia in Afghanistan and other countries.

Club junior member, Lachlan Inglis, played a beautiful rendition of the Last Post on the trumpet which gave the occasion a great deal of dignity.

Gary McKay MC spoke on behalf of the ex-servicemen and women from the club and welcomed the recognition of the World War 1 veterans with the presentation of the Honour Board. It was great to see three Vietnam veterans present at the ceremony

According to club president, Ted Smithies, the presentation of the Honour Board sets the records straight on behalf of the club's members who served in World War 1.

"We are indebted to the Pittwater RSL who kindly agreed to fund the cost of the Honour Board so that it could take its rightful place on the wall of our recently refurbished club house," said Ted who officially accepted the Honour Board on behalf of the club.

The Smell of Rosemary - A Nice Footnote

Life Member Gary Cook reports "The Rosemary sprigs Pittwater RSL has available for members and guests at their own Anzac Day services and the normal Anzac Day requirements have been supplied over a number of years by my mum, Thelma, a long term RSL member and Vets. widow, but comes out of my garden at Terrey Hills. (Chris and I are also RSL Club members)".

So it shows again, one good turn deserves another with the RSL as our Club sponsor as well as assisting with the new Honour Board and us in a roundabout way assisting them.

Club Presentation Night Saturday 22 May

The club's presentation evening will be held at the Pittwater RSL on Saturday 22 May at 7.00pm. It promises to be a big night and a chance to get into your formal gear for an evening that will start with complimentary drinks on your arrival. You will enjoy a 3 course meal and there will be a live band to help you dance the night away.

SLSA Qualification Awards, Competition Awards, Bronze Medallions & Club Recognition Awards will be presented on the night so make sure you come along to accept your award.

Tickets are \$70 for adults and Under 18s: \$45 and there will be prepaid entry only. So make sure you book **URGENTLY** to ensure you're part of the fun at our presentation night. No tickets will be sold on the night.

Chris Cook on The Mend

Chris Cook, wife of Life Member Gary Cook and strong club supporter, has had a tough time health wise recently and has undergone surgery. We are pleased to report that Chris is on the mend and Gary brought her home to "Sleepy Hollow" on Wednesday 5 May where she has to rest under the care of Dr.Gary.

Take it easy Chris. We all wish you a speedy recovery and we look forward to seeing your bright and smiling face again down at the club.

All in a Day's Surfing - By Kate Kilpatrick

Sally and Cody Chockman and I had arranged to meet for a paddle at 8.30 on Anzac Monday morning. Well, it had been so flat on Sunday – we'd had a lovely sojourn to Bilgola headland on Saturday, so let's do it again.

I cycled towards the beach and I heard the familiar thumping of the waves and I wondered if perhaps it had come up a little. I'm a glass half-full type of gal!

As I neared the Clubhouse, the waves were crashing onto the sand and the spray from the top was spectacular as the wind took it westward. I was impressed to see that the 7.30 swimmers hadn't been deterred as they made their way to the peak. A few of them were notably out near the shark-nets, sure not to get caught by the rather large sets.

I looked south and noted the waves weren't quite as big and when Sally and Cody arrived I tried to talk them into taking our boards down the beach but I turned around to get them from the shed and shucks, it was locked! Oh well, we'd just have a dip on the edge.

There were a couple of guys just to the north doing a bit of body-surfing and we watched them getting absolutely hammered as the waves picked them up and spat them onto the sand, just a couple of inches below the surface. Then one of them signalled to us and we realised he was actually dragging the other out.

We raced out to them and helped drag this poor guy in. Complaining of an unholy pain in his knee, on closer inspection the kneecap was pointing at a rather odd 90 degree angle from where it belonged!

Our patient just kept repeating, "Oh, man!", as he was gripped by the pain. He then popped his knee back into its rightful position but I'm not sure the pain let up noticeably. We suggested that it was just as well it wasn't his head that had been speared onto the sand, but as an experienced big wave surfer (and bonehead) he just put it down to bad luck!

His mate picked him up and using human crutches, hobbled to an awaiting car.

Let's hope he heals enough for his forthcoming surfing trip to Indonesia, and thinks twice before trying to bodysurf in such shallow waters again.

Kate Kilpatrick

Congratulations to Gold Medallion Achievers

Crutchy reckons we should give a BIG congratulatory handshake to the following people who have attained their gold medallion

Rob Barkley (proficiency)

Sam Perkins Shannon Jones

Jordan Jones Ben Cummins

Margaret Pearson Matt Halakas

Stuart Blackburn-Smith Eric Crooke

"The Gold Medallion involves lots of stuff all on the same day. It makes the bronze medallion look like a walk in the park. It includes;

800m pool swim within 14 minutes

400m surf swim, 800m beach run, 400m board paddle and 800m beach run in less than 25 minutes

Tube rescue no less than 100m out to sea and return with live patient

Board rescue in surf 200m out to sea and return with live patient.

"These guys also have to be proficient at silver medallion level (advanced emergency care, senior first aid, advanced resuscitation)

"It's a great effort to obtain an award that is highly prized in Surf Life Saving.. Also many thanks to Catherine Perkins for organising the training," said Crutchy

Adam Blaicklock's Film To Be Screened at Festival

Club member and film director, Adam Blaicklock, is excited that his film, **Caught Inside**, will be screening at the Sydney Film Festival. Screening times are:

FRIDAY 11th June @ 8.30pm

SUNDAY 13th June @ 9.30pm (with a Q&A afterwards)

Screenings will be at EVENT CINEMAS GEORGE STREET (The old Hoyts Cinema where I saw Star Wars for the 1st time). So tell your friends & buy your tickets! Box Office: 96905390

"We will be arranging an after screening drinks on the Friday night (venue and details to follow). Hope you can make it. I look forward to sharing the film with you", said Adam.

www.caughtinside.com.au/

Nantucket Shield, 26 April 2010: Patrol One Victorious

Congratulations to Matt Halakas and his patrol on winning the 2010 Nantucket Shield for the Vice Captains.

Three Patrols followed close behind in overall points with Patrol 2 (captained by Nick Carroll) coming a close second, followed by Patrol 9 (captained by Damian Clarke-Bruce) and then Patrol 13 (captained by Peter Davies).

The weather on the day was beautiful, but the swell stopped normal water events. Modified beach events kept the teams on their toes and Patrol 10 excelled in trying to give themselves an unfair advantage (another way of saying – cheating), but only succeeded in winning washing-up duty. Sadly only a few of their patrol fulfilled the job so we'll have to give them another chance to redeem themselves.

The highlight event was 'Water Flags' with the Patrol Captains contesting, running, diving, bumping, using trickery and completely exhausting themselves.

We look forward to seeing photos from the day on Presentation night. Thanks to everyone who participated, cheered and helped make it such a fun day.

Glenn Langley Elected

Glenn Langley was elected as Branch Director of Youth & Membership Development at the recent branch elections.

Congratulations Glenn.

AGM

The club's Annual General Meeting will be held on Sunday 1 August, 2010 at the club rooms. Please put this date in your diary now so that we have a big role up for the AGM. It's an opportunity to not only stand for a position on the committee but also to hear how well the club is going.

Come along and meet up with old friends. We would particularly like to see our Centurion members on Sunday 1 August.

Clean Up Day

Thank you to those members who did turn up for the clean-up day on Sunday 2 May. We would like to have seen more members on the day, as the club house is there for everyone to use. Those who did turn up worked extremely hard and many backed up for the Honour Board presentation later that day.

Thanks also to Phil Keys for donating the dumping and tipping fees.

Keep Fit During Winter!

For all members who would like greater fitness, there are two groups of swimmers who would welcome your attendance in their swims. At 6.30 am every weekday morning, a band of members swims to the buoy and then to the peak and back.

At noon every working day, a group of members swim to Kylie (the Buoy) and back, with some, the A Team, also swimming to the peak. Members also often go for a coffee afterwards, and on every Friday, lunch at Caesar's (La Bruschetta).

All local members are free to join in the fun!"

History Book - Great Birthday or Fathers Day Gift

Our beautiful history book is a great gift idea when you can't think of anything to buy. Forget the socks the golf balls and the after shave and be innovative! The history book is a unique gift that won't be expected by the recipient. Sit back and watch their face light up when they open your parcel.

If you're a history buff the book is a must for your library or coffee table. If you haven't guessed yet, we want you to buy the book and at \$65 it's great value (discounts available for extra quantities).

Have You Been Left Out?

If you think you or an event should have been mentioned in the newsletter please let us know and why, at sashapr@sashapr.com.au and we will correct the omission. You can also ring John Guthrie on 9971 2073 or 0408 247 986 if you think we should include any news items.

Check Out Our Website

Keep an eye on the club's website for up to date news. Also become one of the club's Facebook friends to make sure you are in the loop for everything that's going on in your club. We now have 1230 members in the club, so getting the message out has become even more important.

Stop Press!

On Tuesday, 11 May at Pittwater Council's Recognition Awards Dinner for Pittwater Volunteers, three of Newport's youth were recognised for their volunteering. They were Jessica Menzies, Kieran Menzies and Alana Smithies.

We applaud these members for their significant commitment to this club and their contribution to the wider community. We particularly congratulate Kieran Menzies for being named Pittwater's Youth Volunteer of the Year jointly with a young member from Avalon SLSC.