

	Surname	First Name	Age	Suburb	Time	Sex	Category
1	Hinton	Jane	26	Denistone	24:58	f	F20-29
2	Thomson	Kirsty	28	Bronte	25:23	f	F20-29
3	Hinton	Liz	26	Denistone	27:28	f	F20-29
4	Vanderkooi	Maaike	27	Coogee	27:52	f	F20-29
5	Tannock	Viv	29	Waverton	30:27	f	F20-29
6	Duncombe	Rinetta	27	Neutral Bay	30:31	f	F20-29
7	Murphy	Bridget	22	Bexley	30:43	f	F20-29
8	Simpson	Clair	28	Manly	31:08	f	F20-29
9	Melrose	Julie	21	Cronulla	31:14	f	F20-29
10	Brannan	Katherine	28	Freshwater	31:45	f	F20-29
11	Sinclair	Elektra	27	Pymble	32:08	f	F20-29
12	Neil	Chloe	28	Edgecliff	33:51	f	F20-29
13	Berry	Kate	27	Dee Why	DNF	f	F20-29
14	Shanta	Katijah	28	Manly Vale	DNS	f	F20-29
15	Hughes	Kate	29	North Sydney	DNS	f	F20-29
16	Bone	Rebecca	24	Mosman	DNS	f	F20-29
1	Harry	Pip	34	Cremorne	25:33	f	F30-39
2	Echols	Christina	38	Neutral Bay	26:25	f	F30-39
3	Mccabe	Kathryn	30	Darlinghurst	26:40	f	F30-39
4	Vildzius	Victoria	30	Newport	30:37	f	F30-39
5	Edwards	Katie	37	Newport	32:34	f	F30-39
6	Kirstie	Christensen	30	Curl Curl	33:12	f	F30-39
7	Wharton	Rachel	34	Mona Vale	34:16	f	F30-39
8	Ambrosius	Ingrid	36	Newport	34:23	f	F30-39
9	Tiffini	Perrin	38	Warriewood	34:51	f	F30-39
10	Mackay	Wendy	34	Paddington	36:16	f	F30-39
11	Moy	Catherine	35	Scotland Island	37:06	f	F30-39
12	Quinlan	Meredith	36	Normanhurst	37:35	f	F30-39
13	Dwight	Trish	36	Chatswood	38:02	f	F30-39
14	Bingham	Zar	34	Dee Why	38:48	f	F30-39
15	Emma	Worsley	35	Newport	38:57	f	F30-39
16	Sharkey	Sarah	39	Elanora Heights	39:05	f	F30-39
17	Anderson	Linda	33	Concord	41:38	f	F30-39
18	King	Betina	39	Mona Vale	41:38	f	F30-39
19	Reid	Joanne	37	Bayview	42:56	f	F30-39
20	Lilley	Allison	37	Roseville	47:37	f	F30-39
21	Euers	Kathy	39	Newport	28:60	f	F30-39
22	Wilson	Anna	36	Avalon	34:60	f	F30-39
23	Bloore	Kirsty	38	Avalon	34:60	f	F30-39
24	Goins	Nicolee	39	North Curl Curl	DNF	f	F30-39
25	Sky	Catherine	39	Lavander Bay	DNS	f	F30-39
1	Proudfoot	Jan	40	Narrabeena	27:02	f	F40-49
2	De Mestre	Justine	40	Mosman	27:02	f	F40-49
3	Meacham	Anne	44	Avalon	33:57	f	F40-49
4	Jogever	Sue	44	Bayview	34:44	f	F40-49
5	Feldman	Ikuyo	41	Mosman	39:52	f	F40-49
6	Hooker	Nicola	44	Narrabeen	41:26	f	F40-49
7	Frost	Carolyn	40	Bilgola	41:43	f	F40-49
8	Rorke	Jane	43	Berowra	DNF	f	F40-49
1	Kearney	Sue	51	Whale Beach	25:03	f	F50-59
2	Winger	Bobbie	55	Newport	30:06	f	F50-59
3	Charles	Kym	53	Newport	34:35	f	F50-59
4	Howard	Dee	50	Waverton	37:30	f	F50-59
5	Bate	Marina	51	Belrose	48:51	f	F50-59
1	Head	Virginia	66	Avalon	38:40	f	F60+
2	Walsh	Sybil	67	Cromer	53:50	f	F60+
1	Ridley	Scott	18	Avalon Beach	20:50	m	M10-20
2	Euers	Peter	13	Newport	26:02	m	M10-20
3	Kaye	Jesse	14	Newport	27:53	m	M10-20
4	Allo	James	13	Newport	34:43	m	M10-20
5	Matthews	Ben	16	Newport	45:10	m	M10-20
1	Nash	Peter	23	Fairlight	22:48	m	M20-29
2	Subloo	Jon	23	Brookvale	23:29	m	M20-29
3	Henderson	Scott	21	Turrumurra	23:42	m	M20-29

4	Pearce	Michael	27	Davidson	30:34	m	M20-29
5	Varadarajan	Vivek	22	Baulkham Hills	31:30	m	M20-29
6	Wolfers	Shannon	27	Coogee	33:25	m	M20-29
7	Bowles	Chris	29	Sylvania Waters	33:54	m	M20-29
8	Charles	Andrew	22	Newport	37:19	m	M20-29
9	Binfield	John	29	Pymble	38:18	m	M20-29
1	Goldschmidt	Simon	35	Bellevue Hill	23:18	m	M30-39
2	Toolan	Michael	35	BRONTE	23:42	m	M30-39
3	Hannah	Colin	32	Neutral Bay	23:47	m	M30-39
4	Mecs	Gabriel	39	Woodford	23:56	m	M30-39
5	Harris	Luke	33	Newport	24:55	m	M30-39
6	Burkett	John	39	Cromer	27:20	m	M30-39
7	Molloy	Lucas	37	Avalon	27:24	m	M30-39
8	Dunnet	Ben	35	Potts Point	28:01	m	M30-39
9	Alibrandi	Arturo	37	Picnic Point	28:51	m	M30-39
10	Bennett	Ian	38	Warriewood	29:06	m	M30-39
11	Cousins	Jono	33	MANLY	29:50	m	M30-39
12	Pye	Nick	34	Dee Why	30:11	m	M30-39
13	Mitchell	Duncan	38	Newport	30:17	m	M30-39
14	Ewers	Adam	32	Harbord	30:38	m	M30-39
15	Troedson	Chris	37	Bayview	31:03	m	M30-39
16	Davison	Matthew	31	Dee Why	32:00	m	M30-39
17	Denize	Stewart	35	North Narrabeen	32:16	m	M30-39
18	Broadhead	Mark	35	Frenchs Forest	32:56	m	M30-39
19	Law	Shane	36	Bilgola	33:13	m	M30-39
20	Harris	Angus	31	Newport	33:19	m	M30-39
21	Herriott	David	36	Killara	33:42	m	M30-39
22	Barron	Matt	38	Newport	35:55	m	M30-39
23	Joffily	Marcio	36	Dee Why	36:00	m	M30-39
24	Pearce	Andrew	34	Glebe	36:05	m	M30-39
25	Mchale	Simon	30	Newport	36:10	m	M30-39
26	Pearce	Adam	37	North Narrabeen	36:24	m	M30-39
27	Wall	Stephan	36	Cremorne	37:25	m	M30-39
28	Brown	Stewart	38	Allambie	38:18	m	M30-39
29	Stokes	Rob	34	Newport	39:19	m	M30-39
30	Pittorino	Tim	31	St Leonards	40:06	m	M30-39
31	Lechner	Tobi	30	Manly	DNS	m	M30-39
32	Kennaugh	Stephen	39	Green Valley	DNS	m	M30-39
1	Heeks	Michael	44	Dee Why	23:04	m	M40-49
2	Fenwick	Andrew	49	Palm Beach	24:23	m	M40-49
3	McClure	Ted	48	Collaroy Plateau	24:48	m	M40-49
4	Carroll	Nick	49	Newport	24:54	m	M40-49
5	Hughes	Paul	48	Palm Beach	25:55	m	M40-49
6	Glasson	Sean	44	Avalon	26:39	m	M40-49
7	Warwar	Alex	45	Castle Hill	26:49	m	M40-49
8	Goins	James	45	Nth Curl Curl	27:22	m	M40-49
9	Hemsley	David	43	Dee Why	27:24	m	M40-49
10	Gwynne	Matthew	42	Balgowlah	27:45	m	M40-49
11	Vanderfield	Michael	47	Queensciff	27:51	m	M40-49
12	Duffin	Andrew	47	Turrumurra	28:18	m	M40-49
13	Navratil	Peter	45	Lindfield	28:31	m	M40-49
14	Collins	Glyn	46	Gladesville	28:50	m	M40-49
15	Collins	Guy	40	Clareville	29:00	m	M40-49
16	Stubley	Tony	48	Nth Narrabeen	29:49	m	M40-49
17	Douglas	Rob	49	Newport	30:36	m	M40-49
18	Baddeley	John	44	Mona Vale	30:45	m	M40-49
19	Scully	John	43	Epping	30:50	m	M40-49
20	Smith	Russell	45	Darling Point	31:05	m	M40-49
21	Brodie	Andrew	47	Cromer	31:15	m	M40-49
22	Brown	Sean	41	Roseville	31:58	m	M40-49
23	Lee	Antoni	43	Newport	32:26	m	M40-49
24	Barkley	Robert	49	Newport	32:51	m	M40-49
25	Swift	Nigel	40	Bayview	33:10	m	M40-49
26	Macri	Tony	45	Bayview	33:12	m	M40-49
27	Rope	Peter Denis	43	Narrabeen	33:18	m	M40-49

28	Vincent	David	45	Manly	33:48	m	M40-49
29	Howell	Steven	45	Collaroy	34:08	m	M40-49
30	Hofman	Dirk	43	Newport	34:50	m	M40-49
31	Weber	Michael	49	West Ryde	36:05	m	M40-49
32	Sharkie	David	41	Lindfield	36:44	m	M40-49
33	Ward	Steve	46	Bayview	37:16	m	M40-49
34	Warner	Jon	44	Bilgola	38:15	m	M40-49
35	Hammond	Dan	42	Mosman	39:02	m	M40-49
36	Fletcher	Mark	43	Westleigh	39:06	m	M40-49
37	Beyleveldt	Walter Mark	41	Warriewood	40:30	m	M40-49
38	O'Hara	Michael	42	Mona Vale	40:38	m	M40-49
39	Giddings	Paul	40	Bilgola	41:15	m	M40-49
40	Graham	Andrew	47	St Ives	41:16	m	M40-49
41	Kelly	David	47	Mayfield	42:27	m	M40-49
42	Avery	Glyn	43	Nth Narrabeen	45:58	m	M40-49
43	Duffy	John	46	Turrumurra	DNF	m	M40-49
44	Roper	Matt	41	Windsor	DNS	m	M40-49
45	Crawford	Stephen	48	Newport	DNS	m	M40-49
46	Roffey	Stephen	48	Torquay	DNS	m	M40-49
1	Wozniak	Tony	53	Seaforth	25:08	m	M50-59
2	Patterson	Mark	51	Davidson	25:28	m	M50-59
3	Buchan	David	53	Newport	26:11	m	M50-59
4	Wise	Steve	52	Avalon Beach	27:27	m	M50-59
5	Helsham	David	56	Mona Vale	28:30	m	M50-59
6	Forster	John	57	Curl Curl	30:10	m	M50-59
7	Kelly	Bayne	59	Northwood	30:18	m	M50-59
8	Kelso	John	79	Balgowlah	30:59	m	M50-59
9	Stewart	Gary	52	Balgowlah Height	32:09	m	M50-59
10	Moxham	Howard	56	Newport	33:47	m	M50-59
11	Watkins	Scott	51	Mona Vale	33:56	m	M50-59
12	Fough	Colin	53	Wagga Wagga	34:32	m	M50-59
13	Deville	Bruce	56	Cammeray NSW	34:32	m	M50-59
14	Melrose	Greg	52	Cronulla	34:53	m	M50-59
15	Carter	Barry	54	Bilgola	35:11	m	M50-59
16	Huntingdon	Matt	54	Bayview	35:38	m	M50-59
17	Allo	Bob	54	Newport	35:40	m	M50-59
18	Walsh	Peter	51	Newport	35:48	m	M50-59
19	Gilchrist	Garry	55	North Curl Curl	37:23	m	M50-59
20	Holmes	Ian	58	Newport	37:27	m	M50-59
21	Klees	Mark	54	Cronulla	40:55	m	M50-59
22	Bowden	Bob	53	Avalon	41:35	m	M50-59
23	Wallace	Rob	55	Bayview	47:56	m	M50-59
24	Hardy	Graham	53	Riverview	DNS	m	M50-59
1	Ross	Grahame	65	Palm Beach	28:26	m	M60+
2	Maestri	Robert	64	Mosman	28:59	m	M60+
3	Garnham	David	61	Bilgola Plateau	29:41	m	M60+
4	Boffa	Chris	63	Newport	30:41	m	M60+
5	Nicol	Ian	62	Dee Why	39:10	m	M60+
6	Harris	David	60	Newport	46:24	m	M60+
7	Guthrie	John	71	Collaroy Plateau	57:00	m	M60+