



# NIPPERWORLD

# 16<sup>th</sup> NOVEMBER, 2008

## Ray's Ramblings

Despite threatening weather we had a great roll up and an excellent morning on the beach with good learning size surf.

Parents

Nippers is NOT a child minding service! We require at least one parent to remain on the beach while your youngster is having fun and learning some new skills. This is particularly important in case of accidents and also means that Nippers are not to use the phone in the First Aid Room to summons parents. Remember the quote from the beginning of the season – “Add some magic to your life, get involved.”

Speaking of involvement, a big thank you to Tibor and Grace for their great work on making the BBQ so successful each week, together with the parents rostered. Also to Mike Kiernan who has stepped up as Entries man for our competitors.

As our numbers have grown it is clear that our Age Managers need some more assistance. While they will manage the activities on the beach, within each Age group we need a couple of additional roles: Age Secretary to arrange and coordinate communications for the Age manager, and a Competition coordinator to lead and manage (not coach) the competitors within each group. If you feel you can help please talk to your Age manager this morning or come and talk to me later in the morning.

Newport Market day

November 30<sup>th</sup> is Market Day, twilight Nippers and we need a few volunteers to manage parking at Newport Park through the day. Important fund raising opportunity for us as the Council is passing us the revenue. Please put your name and number on the list on the notice board.

We have twenty five youngsters having fun representing us at the Manly carnival today. Good luck to them all.

*Enjoy the beach and surf safely.*

**Ray Bratton**

**Chairman Newport Nippers**

## CALENDAR OF EVENTS

DATE	EVENT
<b>2008</b>	
16 <sup>th</sup> November	Junior Carnival - Manly
23 <sup>rd</sup> November	Bennett Junior Iron Man - Freshwater
<b>30<sup>th</sup> November</b>	<b>Twilight Nippers from 3pm</b>
7 <sup>th</sup> December	Nipper Carnival – Queenscliff
<b>21<sup>st</sup> December from 3pm</b>	<b>Twilight Christmas Party &amp; Nippers break up</b>
<b>22<sup>nd</sup> &amp; 23<sup>rd</sup> December</b>	<b>Super Surf Camp Newport (Monday &amp; Tuesday)</b>
<b>MERRY CHRISTMAS</b>	<b>HO HO HO!!</b>
<b>2009</b>	
<b>11<sup>th</sup> January</b>	<b>Nippers Re-Commences</b>
18 <sup>th</sup> January	Nipper Carnival - Narrabeen
26 <sup>th</sup> January	U13s to Open carnival – Freshwater
27 <sup>th</sup> January	U13s to Open carnival – Manly
1 <sup>st</sup> February	Newport Club Championships
8 <sup>th</sup> February	SNB Nipper Championships - Palm Beach
20 <sup>th</sup> , 21 <sup>st</sup> , 22 <sup>nd</sup> February	<b>State Nippers Championships Swansea Belmont</b>
8 <sup>th</sup> March	Round the Bends (with Bilgola & Avalon)
<b>15<sup>th</sup> March from 3pm</b>	<b>Presentation Day &amp; Nippers Finishes Twilight Nippers</b>
19 <sup>th</sup> – 22 <sup>nd</sup> March	National Championships - Scarborough Perth
TBA	AGM

AGE GROUP FLAG COLOURS

U6 – yellow; U7 – green; U8 – purple; U9 – pink; U10 – aqua; U11 – orange; U12 – lilac; U13 - lime green; U14 – blue

## ***SUPER SURF CAMP***

A **Super Surf Camp** is coming your way!

Super Surf Camps have been conducting Junior Surf Life Saving Camps around Australia for the past decade (12 years) & and there is going to be one held at **NEWPORT SLSC, (NSW)** across the school holiday period of **MONDAY 22<sup>ND</sup> & TUESDAY 23<sup>RD</sup> of DECEMBER, 2008** (8.30am – 3.30pm). Super Surf Camps are organised by Brett Dowker, (SLSA High Performance Head Coach and three times Australian Open Champion Lifesaver). Spots are limited, so first in best dressed.

The 'day camps' are for male and female lifesavers, (aged 7 to 17 years) and cater for all abilities, from the beginner and those new to surf lifesaving, through to the champions

Super Surf Camps are more than just a coaching clinic on board paddling and surf swimming. With the camp motto of "be the best you can be" the camps look to not only develop ones ability in water disciplines, but also develop self confidence, communication and leadership skills and the ability to work as a team through many initiative challenges.

**WIN a brand new Tip Top Infront Racing Board given away at the conclusion of the 2 days as part of a random draw for anyone who attends (2 days), as well as other prizes.**

The cost of the camp is \$120\*, which includes a **cool Super Surf Camp T-Shirt and Cap**, all practical and theory coaching sessions from the best coaches in the business, morning / afternoon teas, Initiative Games, Leadership Activities, random draws and a whole lot more!

\* **Note:** \$120\* Early Bird Discount prior 22/11/08 (1 month in advance), after which the Camp Fee will be **\$140.**

Enrol online at [www.supersurfcamps.com](http://www.supersurfcamps.com) . (Credit Card Facility / Pay Pal)

All campers must be current, financial members of a surf club and will need to bring their board, (or Club board to paddle) sunscreen, towel, goggles, rashie, drink bottle, lunch and a smile.....

**We know that our Super Surf Camps are something special and we look forward to sharing this experience with you!**

For any additional information please contact:

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## **BEACH GEAR & BBQ ROSTER**

<b>DATE</b>	<b>SET UP &amp; PACK AWAY</b>	<b>BBQ</b>
16 November	U8	U10
23 November	U7	U6
30 November	U14	U9
7 December	U6	U7
14 December	U13	U8
21 December	U11	U12
<b>CHRISTMAS BREAK</b>		
11 January	U10	U13
18 January	U9	U11
25 January	U7	U6
1 February	U11	U12
8 February	U8	U9
22 February	U14	U10
1 March	U9	U7
8 March	U13	U6
15 March	U12	U14 & U13

## **Under 8s News**

All of the U8s had a great time in the pool this week with everyone putting in a great effort to achieve their proficiencies. We all did our run, 2 minute float and 25m swim – with most nippers jumping in to do it more than once. After our trek back from the pool the boys and girls teamed up against each other for a few rounds of stuck in the mud.

A game of poison ball saw all parents restraining themselves when given a legitimate reason to throw tennis balls at their kids and all nippers emerged unscathed from the end the game! We did some more beach running, relays and "moving tag" relays before getting to our real love – the water.

The under U8s did some wave work and had great fun retrieving tennis balls from the surf. We also learnt about the hazards of the beach such as rips, rocks and big surf and all now know how to call for assistance if we get into trouble.

Congratulations to our Nippers of the week - **Braiden Williamson, Alli Barry, Samuel Borg, and Jonathon Byrnes.**

**John, Ron, Nigel and Jacob**

**U8 Age Managers**

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## Under 9s News

What a great day to be back in the surf! The conditions were fantastic, so it was a great day for all the U/9's to have a try back in the water.

We started off with a warm up run and a stretch. We then spent the next 30 mins on boards around a buoy. Peter E gave a great demonstration on the beach on how to roll under a wave and reminded them on how to catch a wave back in. Some U/9's faced a few big waves but managed to get back on their boards and finish with a smile. We then did a swim out to the break zone and caught a few waves back. It makes it worthwhile when you hear so many of them say "can we do it again, can we do it again!"

Well done to **Molly Donohue** and **Edmund Curtis** who were **Nippers of the week**. Last week we forgot to mention Nipper of the week and they were: **Isaac Barron, Naomi Bronier, Jemma Frost, Cassie Hargraves, Sebastian James, Michael Layard, Ella Michel** and **Ben Spoard**.

Well done to everyone especially to all the parents who got in the water and helped. I think we had as much fun as the kids.

**Katie, Matt, Gordon, Peter and Colin**

**U9 Age Managers**

## Under 10s News

With some smaller waves last week the Under 10's team were able to take to the surf for a solid day of water drills.

Last week saw the U10's team undertake their run-swim-run proficiency with all members of the team fairing well. In addition to this the team also undertook some flags and board drills with a solid paddle out to the sandbank and back.

Hopefully the surf conditions stay small and the weather warms up a bit so we can do some more work on our surf swim and board paddling. We also want try out some of the life saving drills in the surf, which the team has been undertaking really well in the pool.

A **BIG thankyou** to those parents who helped out in the water and on the various drills. Please **don't forget we have BBQ duty on this week!**

See you all next week for another great day of Nippers.

**Rudi, Gary, Jessica and Amy**

**U10 Age Managers**

## Under 11s News

Whilst dark clouds on the horizon threatened the beach not a spot of rain landed on our nippers.

Our program started with a swim out to the buoy as the surf rose over the banks. Our nippers learnt about the changing floor of the beach and how to get through the changing surf line.

We then followed this up with a quick session of water flags. This is designed to get the kids accustomed to moving through the shore area and work the transition to the beach. We had the added advantage having to content with a strong southerly rip which meant the kids had to think about where they went in the surf. This also gets them comfortable with the feeling of being in a rip and getting themselves out of it in a safe environment.

We then went to warm up on the sand with a session of beach flags as both the girls and boys showed their speed across the sand. Interestingly our handicapped boy vs. girl flag off showed the girls didn't need much of head start but more importantly you never take your eye of the flag.

We then finished off with a boy versus girl relay and once again the girls showed their supremacy on the beach.

Our nippers of the week were **Max Ambler** and **Katherine Read** who both put in a great effort today. Thanks to the Newport Arms for our special vouchers.

Once again thanks to those parent for helping with water safety. Also a great thanks to those parents who helped with BBQ duty today. We raise a lot of money through the BBQ that all goes to pay for Nipper equipment.

See ya on the beach.

**Glen, Rob, Max and Fletcher**

**U11 Age Managers**

## Under 12s News

Great surf conditions on Sunday gave us the opportunity to spend a lot of time in the water.

We started with a Run Swim Run which proved to be a great success, as everyone participated and completed. As such an integral part of Surf Life Saving we, as a group intend to build more of these into our program this season.

With a nice little sandbank providing great wave catching practice we all headed back out to get some bodysurfing action. I think our record was about 12 nippers all on the same party wave - great fun and good a confidence building session.

Then onto the boards. The surf picked up a bit through out the morning, providing some challenging situations but the skills shown by our crew where outstanding as they popped and rolled they're way out through the break.

Well done all - your confidence and skills in the surf are really advancing.

**Carolyn Hayes, Keiran Menzies, Ben Cummins,  
Kathy and Simon Euers**

**U12 Age Managers**

### **Under 14s News**

Five weeks into their training and the largest SRC group (probably in the history of the world) is going great guns. Many of them are absolute first timers to surf-life-saving and they have all mastered board paddling techniques and tube rescue techniques fabulously. The timed run-swim-run poses no problems to them either. Meanwhile, in the club house, there is no mannequin who cannot be resuscitated by this competent team. They even do their homework on time (well, mostly).

Huge thanks to Julia Magliano and Denise Temisgian for marking the homework.

Part of SRC training is to do two 'work-experience' patrols. Over the next few weeks if you see someone on patrol in a bright yellow t-shirt, go up and say hi and give them some words of encouragement. These young people are our lifesavers of tomorrow and the future of Newport Surf Life Saving Club.

**Ted, Rob, Marty and Catherine**

**U14 Age Managers**



Newport S.L.S.C.  
**\$5000 grant**  
for new  
paddle boards  
*'The Fresh Food People'*  
WOOLWORTHS

As you may have seen, Woolworths gave us a big financial hand and a special thanks to these Nippers (and parents who helped) who became billboard stars!!! Next time you are in Woolworths mention that you are there because of this support.

Any other employers or corporates out there who can help with a sponsorship?

Please give Ray a call on Mob 0401 254 254.

#### AGE GROUP FLAG COLOURS

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