



Information Guide

2007/08

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WELCOME TO NEWPORT SURF LIFESAVING CLUB

Welcome to Season 2007/08 of the Newport Surf Life Saving Club Inc. We'd like to extend a very warm welcome to all members and their families, and look forward to another great year at Newport.

We have endeavoured to include everything you need to know about Newport Surf Club in this booklet. Please keep it as a handy reference guide. If you require any further information, please feel free to ask any Committee Member.

Our objective at Newport is to educate the community from adults to children, to be competent and safe in the beach/surf environment. We have a strong focus on educating our children within the community, and provide them with a range of activities. These include Surf knowledge and techniques, which are introduced to the children through our Nipper program, run on Sunday mornings throughout the summer months. We also pride ourselves on being able to keep the general public safe by providing a beach with that is patrolled through summer. To do this we rely on volunteer members to join us and become lifesavers, undertaking a range of awards and qualifications.

Another first that our Club can be proud of is the instigation of a Nipper Program for children with Special Needs. This Program is a first for the Northern Beaches Branch, and as far as we are aware, one of the only programs running in NSW. This group now meets during the regular Nipper time slot, with nippers aged from 6 to early 20's participating. It is always wonderful to see new faces to help at this program, so if you have a spare Sunday morning feel free to come and join us.

Last season was a great success for our Club, with us winning the 'Most Outstanding Club' Competition in the Sydney Northern Beaches, and being announced as the Most Outstanding Club for Lifesaving, Administration and Youth & Member Development on the Peninsula. We were also winners of the 'Patrol Assessment Competition' run between the 21 Clubs of the Northern Beaches, for which we received a fully equipped IRB. In addition to these Club Awards we had members winning individual awards for Rookie of the Year, Volunteer of the Year, Patrol Captain of the Year, and Leader of the Year. We also had Highly Commended awards in Volunteer of the Year, and Junior Lifesaver of the Year. As you can see a season we should be very proud of, and an achievement very few Clubs ever realise.

We have also been successful with a new sponsorship partnership with Perpetual Limited which will enable us to further enhance our Club. If you are able, please support our sponsors.

Several social events and fundraisers are held throughout the season. Please support them to the best of your ability – all proceeds go towards gear and equipment to enhance the quality of our patrols.

Committee Meetings are held at the Surf Club on the second Monday of each month. Should you wish to attend a meeting to bring a matter to the attention of the Committee, you are most welcome. To do this, please contact the Secretary or President to make arrangements.

I hope you enjoy your season at Newport.

Yours in Surf Lifesaving

Doug Menzies
President
Newport SLSC

REGISTRATION AND FEES

Membership Fees are set by the Surf Club Committee each year. To ensure that all Patrolling Members remain covered by insurance, in case of accident, these are due and payable by 30 September. Fees unpaid beyond 30 November will void insurance coverage for the member.

Membership Fees for Patrolling Members (Active Seniors) covering the 2007/08 Season have been set at \$55, with a \$5 discount if paid by 30 September 2007.

EDUCATION

As an organisation that is responsible for the safety and well being of others, it was vitally important that Surf Life Saving be at the forefront of public safety training. In becoming a Registered Training Organisation (RTO) and aligning its courses with qualifications and competences in the Public Safety Training Package, Surf Life Saving NSW and its affiliated clubs have a responsibility to maintain the required government regulations.

Over the next few years all Surf Life Saving Australia endorsed courses will be aligned to fall under the Australian Quality Training Framework guidelines.

Courses available to members through our Club include:

- Bronze Medallion and Cert. II in Public Safety (Aquatic Rescue)
- Advanced Resuscitation Certificate
- Defibrillation Certificate
- Spinal Management Certificate
- IRB Driver
- IRB Crew
- Surf Rescue Certificate (13 yr old cadets)
- Gold Medallion - Advanced Life Saving

Other awards available through the Branch Office include:

- Silver Medallion - Basic Beach Management
- Advanced Emergency Care Certificate
- Training Officer Certificate
- Assessors qualifications
- Senior First Aid Certificate

POLICIES AND PROCEDURES

As an affiliated member of Surf Life Saving Australia, Newport Surf Club is committed to following the policies written by SLSA, and providing a discrimination free environment.

These policies can be viewed on the Surf Life Saving NSW, or Surf Life Saving Australia websites

NSW – www.surflifesaving.com.au

Australia – www.slsa.com.au

PROFICIENCY

To maintain safety and life saving standards, Surf Life Saving Australia has set a standard of proficiency that Patrolling Members must achieve before being able to participate in voluntary patrols.

The annual proficiency test involves a continuous effort of running, swimming (overarm) and running – and is tested at the beach. Members must successfully complete the run-swim-run, demonstrate their ability to perform both a board and tube rescue, perform 2 recognised carries, and show they are competent at resuscitation and signals.

This season members will also need to demonstrate a carry using the spinal board. The run-swim-run component for the Bronze Medallion is 200m run - 200m swim - 200m run and needs to be completed within 8 minutes. The Surf Rescue Certificate Proficiency will be 100m run – 100m swim – 100m run. These proficiencies need to be completed before 31 December each year for the awards to remain current and allow members to continue patrolling and competing.

The above is the minimum requirement only. Those with additional SLSA awards (eg. IRB or ARC) need to complete proficiencies in each award prior to the December 31 deadline each year.

UNIFORMS

SLSA Policy requires Patrolling members to wear the designated uniform currently sponsored by DHL. This consists of a yellow long sleeved shirt and red shorts. No other branded clothing is to be worn at any time. It is also mandatory to wear the yellow and red quartered cap at all times, along with sunscreen and hat as required.

Newport's official competition uniform is a gold cap with two central maroon stripes and a maroon swimming costume. Caps, costumes, rash vests, t-shirts and other Newport Club (including Nippers) clothing items are available for purchase at the Club most Sunday mornings during Nipper times at very reasonable prices. As Perpetual Limited is the Club's formal sponsor, any clothing for competition must not have another sponsor's name unless such sponsorship has been negotiated with the Club.

EQUIPMENT

Newport is very fortunate to have some wonderful equipment available for our Patrol members, and we have an on-going commitment to continually upgrade this vital equipment. However, it does not come cheaply so rules are in place to ensure the equipment is maintained in excellent condition so that it can last us for some time.

Gear Rules

- Look after it and respect it.
- Put it back **CLEAN** (hose all sand off).
- Put it back in its proper place.
- Boards set aside as competition boards are to be used **ONLY** for competition or for authorised competition training by competitors authorised by the Gear Steward or Surf Coach.
- Non-competitive boards may be used at the discretion of the Gear Steward.
- If you damage a board, report it to a member of the committee straight away. This will allow us to have repairs carried out quickly and have it ready for the next weekend.

PATROL STRENGTHS AND OBLIGATIONS

The Patrol strength requirements for our beach are set each year by the Northern Beaches Branch Director of Rescue Services. These are:

September – October	3 Bronze holders
November	4 Bronze holders
December – February	5 Bronze holders
March	4 Bronze holders
April	3 Bronze holders

To ensure that patrols are adequately resourced, it is requested that members who are unable to attend their rostered patrol organise to swap with a member from another patrol, or the floaters list on the Patrol Roster, and inform both Patrol Captains of the change.

PATROL HOURS FOR COMPETITION

Joining / Returning during 2007	Min. Patrol Hour Requirement	Min. Patrol Hour Requirement
Joining Month	(Active Senior & Under 15s)	(Active Reserve)
January 2007	25	12
February 2007	24	12
March 2007	20	12
April – September 2007	16	8
October 2007	12	8
November 2007	8	4
December 2007	4	4

CLUB CHAMPIONSHIPS

Throughout the season, Newport Surf Club will endeavour to hold Club Championship days. On these days as advised, activities will be run on a carnival format and point scores will be kept.

Events for the Club Championship are Beach Sprint, Beach Flags, Swim Race, Ski Race and Board Race. These are run as both Open and Masters events.

COMPETITION

Carnivals are held on several weekends during the season, culminating with Branch, State and Australian Championships.

A few points to remember regarding carnivals:

- It is the Competitors responsibility to ensure that they have done a proficiency and the relevant patrol hours required to compete
- Nominations for events that competitors wish to compete in must be in to the Director of Competition no later than 10 days prior to the Carnival or else the competitor may be liable for late entry fees.
- Competitors must wear the gold and maroon Newport skull cap and maroon Club bathers. Caps must be kept on during the duration of all events. If both these rules are not followed, the competitor could be disqualified.
- A programme of events should be available a week before the carnival. If not, they will be available on the day.

A full Calendar of Carnivals is available on the Surf Life Saving Sydney Northern Beaches website: www.surflifesaving.net.au

SOCIAL COMMITTEE

Funds are always needed to repair, replace and update our equipment and training aids for Patrolling Members. Funds also allow us to purchase trophies and medallions for our competitors at the end of the season. Therefore, our Social Committee needs your support to raise these necessary funds.

An important part of our social calendar is the weekly gathering of members in the Bar Room on a Sunday afternoon to reflect on the weekend past, and the week to come. Known as "After Fives" this is a Club tradition, and all members both old and new are most welcome. In addition to this, there are other social events such as trivia nights and dinners. Our Presentation Night, where outstanding Club Members are rewarded for their efforts, is held at the end of the season, usually at the end of May.

All of these fundraising events will be publicised on the website and through the newsletter

CHILD PROTECTION

The Youth Development and Child Protection Officer is Ted Bruce. It is important that each Patrolling Member sign a Child Protection Declaration at the beginning of each season, as per SLSA Policy, and return the forms to Ted or a Committee Member.

YOUTH DEVELOPMENT

To strive to keep the highest standards on our beach, we have a strong focus on retaining our young patrolling members, as they are the future of our Club. To this end, we try to run interesting social events for them throughout the season. Help with functions, and ideas, are always welcome. Please contact the Youth Development Officers.

Newport Surf Life Saving Club Inc

Always - Swim Between The Flags.

www.newportsurfclub.com.au